

## Western Region Festival – January 6-7, 2024

Hosted by Wild Mountain Ski and Snowboard Area -- Thank You!

NOTE: You must register on the Western Region website AND the NSP Learning Management System (LMS) for credit attending a session. Login to [nsp.org](https://nsp.org) to access LMS. The Region registration includes a \$25 event fee for participants. When checking in at Wild Mountain, you will sign the Wild Mountain waiver and pay a special ticket price of \$10 for the day.

### MVP Workshop – Maintaining Valuable Patrollers – Sunday January 7, 2024

The MVP workshop is an education and skills development session for maturing alpine patrollers age 60+. The session includes skiing/riding skills, toboggan handling tactics, lifestyle adjustments, and equipment choices. Techniques will be taught to enable seasoned patrollers to provide continued service in a safe, dignified and satisfying manner. Open to any patroller age 60+.

Click [HERE](#) to register on the Western Region website.

### Ski/Ride (SES) Session - Alpine

This Session is for Alpine skiers. SES (Snowsports Enhancement Seminars) are taught by PSIA-AASI certified instructors and are open to all patrollers in the Region. An SES explores the fundamental skills at the core of skiing/riding. As patrollers, we need to ski/ride in a way that presents a professional image of NSP to the public. Activities explore movements and build skills to create successful learning experiences allowing patrollers to progress with their personal skiing/riding. If you are a Senior candidate and want to work on skills specific to the Senior on-hill exam, sign-up for this session. At the event, inform the instructors of your desire to work on Senior skills. They will tailor instruction to you for the day.

Click [HERE](#) to register on the Western Region website.

### Ski/Ride (SES) Session – Telemark

This Session is for Telemark skiers. SES (Snowsports Enhancement Seminars) are taught by PSIA-AASI certified instructors and are open to all patrollers in the Region. An SES explores the fundamental skills at the core of skiing/riding. As patrollers, we need to ski/ride in a way that presents a professional image of NSP to the public. Activities explore movements and build skills to create successful learning experiences allowing patrollers to progress with their personal skiing/riding. If you are a Senior candidate and want to work on skills specific to the Senior on-hill exam, sign-up for this session. At the event, inform the instructors of your desire to work on Senior skills. They will tailor instruction to you for the day.

Click [HERE](#) to register on the Western Region website.

### Ski/Ride (SES) Session – Snowboard

This Session is for Snowboarders. SES (Snowsports Enhancement Seminars) are taught by PSIA-AASI certified instructors and are open to all patrollers in the Region. An SES explores the fundamental skills at the core of skiing/riding. As patrollers, we need to ski/ride in a way that

presents a professional image of NSP to the public. Activities explore movements and build skills to create successful learning experiences allowing patrollers to progress with their personal skiing/riding. If you are a Senior candidate and want to work on skills specific to the Senior on-hill exam, sign-up for this session. At the event, inform the instructors of your desire to work on Senior skills. They will tailor instruction to you for the day.

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### **Train the Trainer (TTT) – Special SES**

The TTT is a clinic for snowsports trainers at Western Region areas who work with patrol candidates. The training is focused on how to teach ski/ride skills to candidates. Included are skills that form the foundation for free skiing/riding and are important for effective toboggan handling – such as traverse, sideslip, falling leaf, pivot slip, and hockey stop. The clinic begins indoors with “boots on” practicing stance and balance and a discussion of the PSIA-AASI Fundamentals. On-snow the clinic addresses teaching progressions, effective demonstrations, movement analysis, and corrective exercises. Trainers who participate will have the tools to effectively conduct ski/ride proficiency training at their area. As time permits, the clinic will focus on free skiing/riding for the participants on varying terrain and the use of video analysis.

Click [HERE](#) to register on the Western Region website.

### **PSIA-AASI Certification Prep (SES)**

This session is for PSIA-AASI members going for that next level of certification. Includes a review of The Learning Connection as it relates to people skills, teaching skills and technical skills. Review of ski/ride fundamentals and benchmarks as defined by PSIA-AASI in the Alpine Technical Manual, Snowboard Technical Manual and Teaching Snowsports Manual. Discussions and suggestions for assisting the participant in assessment preparation using the National Certification Standards and People Skills, Teaching skills and Technical skills performance guides. Opportunities will be available to work on Movement Analysis and Feedback skills, teaching progressions and technical knowledge.

Click [HERE](#) to register on the Western Region website.

### **Toboggan Session – TES (Toboggan Enhancement Seminar)**

This session will provide instruction and guided practice on proper usage and handling of alpine rescue toboggans. Western Region IT (Instructor Trainer) staff present proper technique for handling unloaded and loaded toboggans on varying terrain. This session is open to all patrollers. If you are a Senior candidate and want to work on toboggan skills specific to the Senior on-hill exam, sign-up for this session. At the event, inform the instructors of your desire to work on Senior skills. They will tailor instruction to you for the day.

Click [HERE](#) to register on the Western Region website.

### **Toboggan Instructor Calibration Session – TTW – Saturday**

This session is designed for OET Toboggan Instructors that need re-certification to retain their certification. OET Toboggan Instructors are required to re-certify every three years. The

calibration includes a Six Pack Lesson Plan, toboggan equipment review, and ski skills review with demos specific to toboggan handling. Open to current OET Toboggan instructors requiring re-certification. This one-day session is being offered on SATURDAY, January 6.

Click [HERE](#) to register on the Western Region website.

### **Toboggan Instructor Calibration Session – TTW – Sunday**

Same one-day course as Saturday. This session is designed for OET Toboggan Instructors that need re-certification to retain their certification. OET Toboggan Instructors are required to re-certify every three years. The calibration includes a Six Pack Lesson Plan, toboggan equipment review, and ski skills review with demos specific to toboggan handling. Open to current OET Toboggan instructors requiring re-certification. Offered on SUNDAY, January 7.

Click [HERE](#) to register on the Western Region website.

### **Senior Evaluator Calibration Session – Sunday January 7, 2024**

This is for current Senior Evaluators or those interested in becoming a Senior Evaluator (Level 2/3 PSIA-AASI instructors or Seniors pursuing the ASE program). The focus is on current Senior alpine standards, the Senior score card, movement analysis, feedback modeling, evaluations, and technical knowledge. The session focuses on both ski/ride and toboggan skills. Open to all current Senior alpine patrollers and current Senior Evaluators needing re-certification. The session is on Sunday to allow participants to attend a Saturday session of their choice.

Click [HERE](#) to register on the Western Region website.

### **Day's Basic Agenda**

8:30 - 9:15 -- Registration

9:30 - 12:00 -- Morning Session

12:00 – 1:00 – Break for Lunch

1:00 – 3:30 – Afternoon Session