

# WMSP Basic Alpine Ski/Snowboarding Toboggan Performance Evaluation

Date:

Location:

Instructor/Examiner:

* Coding for Comments A = Poor Edging Skills    B = Too Fast    C = Too Slow D = Lost Control         E = Did Not Perform Skill	Performance grading scale: (+) Above Basic Level    (=) Basic Level    (-) Below Basic Level								
Toboggan Handling Skills	Candidate:	Candidate:	Candidate:	Candidate:	Candidate:				
Toboggan Alone (Unloaded)	(+)	(=)	(-)	(+)	(=)	(-)	(+)	(=)	(-)
<b>Critical Standard: Does the candidate safely &amp; efficiently control the toboggan to the accident site?</b>									
Skill: Equipment (Unloaded / Unlocked)									
Skill: Appropriate route selection & controlled, safe approach									
Skill: Balanced, stable and proper position in handles									
Skill: Smooth, effective transitions, turns & traverses									
Skill: Effectively anchors toboggan									
Skill: Equipment carry (not over shoulder)									
<b>Toboggan Team Lead (Loaded)</b>	<b>Critical Standard: Is the toboggan run smooth, controlled, efficient and safe?</b>								
Skill: Equipment (Loaded / Locked)									
Skill: Effective communications with tail rope operator									
Skill: Appropriate route selection, controlled speed & direction									
Skill: Smooth, effective transitions, turns & traverses									
Skill: Balanced, stable and proper position in handles									
Skill: Demonstrate appropriate use of chain brake									
Skill: Demonstrate effective emergency stop									
<b>Toboggan Team Tail (Loaded)</b>	<b>Critical Standard: Does the rear operator safely and effectively control the toboggan as needed?</b>								
Skill: Checks for traffic & acknowledges communications									
Skill: Proper rope handling, appropriate tension & position in fall line									
Skill: Smooth, effective (sequential) transitions, turns & traverses									
Skill: Keeps tail from skidding & brakes toboggan as needed.									
Skill: Demonstrate effective emergency stop									
<b>OVERALL SCORE - Toboggan Handling: PASS OR FAIL</b>	(P) (F)	(P) (F)	(P) (F)	(P) (F)	(P) (F)	(P) (F)	(P) (F)	(P) (F)	(P) (F)
<b>Comments:</b>									

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Ski & Snowboard Skills	Candidate:	Candidate:	Candidate:	Candidate:	Candidate:
	(+)=(-)*	(+)=(-)*	(+)=(-)*	(+)=(-)*	(+)=(-)*
<b>Small, Medium &amp; Long Radius Turns should demonstrate good balance, stance &amp; speed control.</b>					
Skill: LONG RADIUS TURN - >30' radius (minimal skidding)					
Skill: MEDIUM RADIUS TURN - ~30' radius (blended turn)					
Skill: SHORT RADIUS TURN - ~15' radius					
<b>Drills should demonstrate good edge control, balance, &amp; proper stance.</b>					
Skill: Falling Leaf (Left & Right Hand)					
Skill: Kick Turn (ski) / 180° Jump Turn (snowboard)					
Skill: Transitions (Wedge / Pivot Swivels)					
Skill: Hockey / PowerStop (Left & Right Hand)					
Skill: Traverse - Side Slip - Traverse (Right & Left Hand)					
Skill: Hill Ascent Techniques (Herringbone, Side-Step, SB Hop)					
Skill: Skating on Flat Terrain (SB w/ one boot in binding)					
<b>OVERALL SCORE - Ski/Snowboard Skills: PASS OR FAIL</b>	(P) (F)	(P) (F)	(P) (F)	(P) (F)	(P) (F)

**Comments:**

<b>For a Final Passing Score the candidate must pass all ski/snowboard and toboggan handling skills.</b>		Candidate:	Candidate:	Candidate:	Candidate:
<b>FINAL SCORE FOR EVALUATION: PASS OR FAIL</b>		(P) (F)	(P) (F)	(P) (F)	(P) (F)